

LAKE O'HARA LODGE

The trails at Lake O'Hara are so well-maintained that it's easy to forget you're in the remote backcountry. Hikers should come equipped with attire and accoutrements for a range of conditions. Weather in the mountains can be fickle. It's best to dress in layers when hiking and to favour quick-dry, synthetic or wool materials.



PACKING LIST

Day pack
Hiking boots or trail runners
Rain jacket
Insulating layers
Quick-dry top
Hiking pants
Synthetic or wool socks
Lightweight gloves and toque
Sun protection
Insect repellent
Water bottle

For any further fashion advice please don't hesitate to
call us at (250) 343-6418